

# **JEFFERSON COUNTY LACROSSE**



**SIGN UP TODAY  
TEAMS FORMING**

**AGE GROUPS**

**10U / 12U / 14U**

**(or 3rd–8th grade)**

**WEEKLY PRACTICES @ SECKMAN JR HIGH**

**PRACTICES START FIRST WEEK OF MARCH**

**TEAMS COMPETE**

**IN THE ST. LOUIS YOUTH LACROSSE LEAGUE**

**MORE INFO Email—[jeffcolax@gmail.com](mailto:jeffcolax@gmail.com)**

**REGISTRATION—[www.jeffcolax.com](http://www.jeffcolax.com) / spring**